

Equipment Catalog 2026

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COMING TECH

Wellness is coming

A high-end range of pin- and plate-loaded strength machines and racks designed in Norway for elite training environments.

Developed with a strong focus on biomechanics, durability and performance, our equipment combines Scandinavian design principles with precision manufacturing and premium materials. Each machine delivers smooth, natural movement while meeting the demands of high-traffic commercial facilities.

Our machines are equipped with premium upholstery inspired by high-performance sports cars, offering exceptional comfort, durability and a refined aesthetic that elevates any professional gym space.

Developed for professional gyms, performance centres, and premium fitness operators, Coming Tech provides scalable, long-term strength solutions for distributors and commercial partners worldwide.

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CTS SERIES



Plate Loaded

The plate-loaded CTS Series is built for durability, performance and premium user experience.

The handles are made from high-quality TPU material, offering a comfortable, non-slip grip during intense workouts. The ergonomically designed upholstery uses high-density PU foam, offering excellent support and comfort for users of all sizes.

Key structural parts feature a robust thickness ranging from 8 mm to 12 mm, providing exceptional strength and stability under heavy loads. The main frame uses reinforced tubing with a 3 mm wall thickness and a large 70 × 80 mm profile, delivering a solid and secure foundation. The welded tube sheet construction eliminates the use of plastic pipe plugs, further improving structural integrity and longevity. All exposed hardware components are manufactured from aluminum or stainless steel, ensuring long-term structural reliability in high-traffic training environments. The surface is finished with a double-coated painting treatment, enhancing both wear resistance and visual appeal over time.

For smooth and precise movement, the machines are equipped with high-quality linear bearings and a stainless steel connecting rod system, ensuring consistent performance and minimal maintenance.



CTS8001 Chest Press

CTS8001 Chest Press features a slight decline to activate the maximum number of muscle fibers. The handles allow for pronated, supinated, and neutral grips. A unique function enables the exercise to start midway through the range of motion.

Dimensions	W 1553 L 1776 H 1360
Unit weight	148 kg 326 lb
Frame Color	Black/Red or Black



CTS8002 Shoulder Press

CTS8002 Shoulder Press movement path matches the anatomy of the shoulders for optimal shoulder health. The handles allow for pronated, supinated, and neutral grips. A unique function enables the exercise to start midway through the range of motion.

Dimensions	W 1541 L 1802 H 1342
Unit weight	162 kg 357 lb
Frame Color	Black/Red or Black



CTS8003 Wide Pulldown

CTS8003 Wide Pulldowns movement path allows a full range of motion. The resistance curve matches the strength curve 100%. Multiple grip widths are available and you can choose neutral, pronated, or supinated grips. The machine can be used unilaterally or bilaterally

Dimensions	W 1360 L 1790 H 2013
Unit weight	127 kg 280 lb
Frame Color	Black/Red or Black



CTS8004 Mid Rower

CTS8004 Mid Rower offers exceptional stability for maximum force production.
Rotating handles allow for individualized adjustment. The machine can be used unilaterally or bilaterally.

Dimensions	W 1536 L 1531 H 1096
Unit weight	116 kg 256 lb
Frame Color	Black/Red or Black



CTS8005 Leg Press

CTS8005 Leg Press resistance curve is the opposite of a squat, with less load at the start and more toward the end of the movement.
The footplate is designed to let you choose whether to emphasize the glutes or the quadriceps.

Dimensions	W 2431 L 1627 H 1356
Unit weight	219 kg 483 lb
Frame Color	Black/Red or Black



CTS8006 Abductor

CTS8006 Abductor movement path is designed to travel backward and diagonally downward to maximize glute activation. The machine is equipped with a seat belt featuring a quick-release buckle for added stability, supporting maximum strength and muscle growth.

Dimensions	W 1430 L 1660 H 1340
Unit weight	177 kg 390 lb
Frame Color	Black/Red or Black



CTS8007 Leg Press

CTS8007 Leg Press is equipped with a unique function prevents the hips from tilting upward in the bottom position. The lower back pad is angled to support the lower part of the spine, which is important for injury prevention and comfort.

Dimensions	W 2200 L 1800 H 1368
Unit weight	268 kg 591 lb
Frame Color	Black/Red or Black



CTS8008 Hack Squat

CTS8008 Hack Squat A 2-in-1 machine.
It features an adjustable back pad, allowing you to emphasize either the glutes or the quadriceps. The machine is equipped with several attachmentpoints for resistance bands. The footplate allows all types of foot placement.

Dimensions	W 2200 L 1800 H 1368
Unit weight	319 kg 703 lb
Frame Color	Black/Red or Black



CTS8009 Biceps Curl

CTS8009 Biceps Curl The pad can be adjusted from a vertical to a horizontal position, allowing you to emphasize either the long or short head of the biceps.

Dimensions	W 1245 L 1673 H 1110
Unit weight	145 kg 320 lb
Frame Color	Black/Red or Black



CTS8010 Leg Extension

CTS8010 Leg Extension Excellent range of motion with consistent resistance throughout the entire movement. Integrated handles on the lever arm allow for assisted spotting to help complete the final repetitions safely.

Dimensions	W 1509 L 1678 H 1202
Unit weight	157 kg 346 lb
Frame Color	Black/Red or Black



CTS8011 Lat Pulldown

CTS8011 Lat Pulldown is a 2-in-1 machine equipped with a seat that can rotate 180 degrees.
The handles allow for pronated, supinated, and neutral grips. The machine can be used unilaterally or bilaterally

Dimensions	W 1676 L 1587 H 1980
Unit weight	135 kg 298 lb
Frame Color	Black/Red or Black



CTS8012 Horizontal Leg Press

CTS8012 Horizontal Leg Press is a uni- and bilateral leg machine with start/stop functionality. The resistance curve provides high load in the extended position and reduced load in the starting phase, making it a strong alternative to conventional leg presses.

Dimensions	W 2332 L 1506 H 1648
Unit weight	253 kg 558 lb
Frame Color	Black/Red or Black



CTS8013 Hip Thrust

CTS8013 Hip Thrust provides excellent stretch in the bottom position and full load at the top.
The hip pad is adjustable and movable for optimal comfort and positioning. The footplate can be height-adjusted for individual customization.

Dimensions	W 1668 L 1712 H 743
Unit weight	155 kg 342 lb
Frame Color	Black/Red or Black



CTS8014 Linear Row

CTS8014 Linear Row A precisely engineered machine that stabilizes the traditionally unstable barbell row. Unilateral design allows single-side or bilateral training. The lifting path transitions from narrow to wider to effectively target both lats and traps. Multiple adjustments on the chest pad, footplate, and handles ensure a customized setup.

Dimensions	W 1660 L 1793 H 1457
Unit weight	265 kg 584 lb
Frame Color	Black/Red or Black



CTS8015 Leg Curl

CTS8015 Leg Curl A long range of motion provides strong loading in the lengthened position, supporting optimal strength gains and muscle development.

Dimensions	W 1405 L 1851 H 1115
Unit weight	170 kg 375 lb
Frame Color	Black/Red or Black



CTS8016 Belt Squat

CTS8016 Belt Squat allows you to perform squats, deadlifts, calfpress and more, without loading the spine. Multiple starting positions can be selected depending on the exercise you want to perform.

Dimensions	W 1314 L 1643 H 1362
Unit weight	135 kg 298 lb
Frame Color	Black/Red or Black



CTS8017 Pendulum Squat

CTS8017 Pendulum Squat is a solid and stable squat machine designed for full range of motion with excellent back support.
It features an adjustable footplate in both length and angle, plus an adjustable range limiter for a defined working range.

Dimensions	W 1421 L 2533 H 1620
Unit weight	270 kg 595 lb
Frame Color	Black/Red or Black

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More CTS Series plate-loaded machines are under development.

Check for new releases at
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ZHS SERIES



Pin Loaded

The pin-loaded ZHS Series is built on the same high quality base as the CTS Series, featuring a big 120kg weight stack.

The handles are made from high-quality TPU material, offering a comfortable, non-slip grip during intense workouts. The ergonomically designed upholstery uses high-density PU foam, offering excellent support and comfort for users of all sizes.

Key structural parts feature a robust thickness ranging from 8 mm to 12 mm, providing exceptional strength and stability under heavy loads. The main frame uses reinforced tubing with a 3 mm wall thickness and a large 70 × 80 mm profile, delivering a solid and secure foundation. The welded tube sheet construction eliminates the use of plastic pipe plugs, further improving structural integrity and longevity. All exposed hardware components are manufactured from aluminum or stainless steel, ensuring long-term structural reliability in high-traffic training environments. The surface is finished with a double-coated painting treatment, enhancing both wear resistance and visual appeal over time.

For smooth and precise movement, the machines are equipped with high-quality linear bearings and a stainless steel connecting rod system, ensuring consistent performance and minimal maintenance.



ZHS9001 Chest Press

ZHS9001 Bench Press movement path features a slight decline. Starts wide and becomes narrower in the extended position to optimize contraction. The handles allow for pronated, supinated, and neutral grips, and the seat is height-adjustable for individualized positioning.

Dimensions	W 1518 L 1515 H 1542
Unit weight	345 kg 761 lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9002 Shoulder Press

ZHS9002 Shoulder Press the back pad and lever arms are ergonomically optimized for perfomance and shoulder health. The handles offer both neutral and pronated grip options. Adjustable backrest and seat ensure individualized positioning.

Dimensions	W 1390 L 1545 H 1542
Unit weight	329 kg 725 lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9003 Wide Pulldown

ZHS9003 Wide Pulldowns movement path precisely matches the muscle's natural length, motion, and strength curve. The handles allow for pronated, supinated, or neutral grips, as well as narrow or wide positioning for targeted variation.

Dimensions	W 1370 L 1086 H 2028
Unit weight	310 kg 683 lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9004 Lat pulldown

ZHS9004 Lat Pulldown The machine offers multiple grip options, allowing you to target different areas of the back. The seat is adjustable for individualized positioning

Dimensions	W 1270 L 1695 H 2200
Unit weight	350 kg 772 lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9005 Leg Extension

ZHS9005 Leg Extension A unique leg extension machine with a back pad that adjusts fully flat to 180 degrees for more advanced targeted training. The foot pad is height-adjustable, and integrated handles on the lever arm provide assistance for the final repetitions.

Dimensions	W 1430 L 1535 H 1542
Unit weight	330 kg 728 lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9006 Leg Curl

ZHS9006 Leg Curl positions the hamstrings at a favourable working length for effective force production. The adjustable back pad allows individual positioning, while the thigh support provides stability throughout the exercise.

Dimensions	W ???? L ???? H ????
Unit weight	??? kg ??? lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9007 Hip Thrust

ZHS9007 Hip Thrust features a distinctive support pad positioned beneath the knees, allowing hip extension without placing the training emphasis on the glutes. The moving back pad follows the movement to support controlled positioning and help limit movement in the lower back.

Dimensions	W ???? L ???? H ????
Unit weight	??? kg ??? lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9008 Hyper Extension

ZHS9008 Hyper Extension offers the option of securing the knees against a support pad, reducing hamstring contribution and placing greater emphasis on the glutes. The design also allows focused training of the spinal erectors, depending on how the movement is performed.

Dimensions	W ???? L ???? H 2200
Unit weight	??? kg ??? lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9009 Biceps Curl

ZHS9009 Biceps Curl features a resistance curve designed to complement biceps strength throughout the movement. The specially designed handle supports a comfortable grip for controlled, effective training, while the adjustable seat accommodates users of different sizes.

Dimensions	W ???? L ???? H ????
Unit weight	??? kg ??? lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black



ZHS9010 Triceps

ZHS9010 Triceps follows a natural movement path for focused training of the triceps at the back of the upper arm. The ergonomically designed seat provides a stable and comfortable training position, with adjustment options to accommodate users of different sizes.

Dimensions	W ???? L ???? H ????
Unit weight	??? kg ??? lb
Stack weight	120 kg 265 lb
Frame Color	Black/Red or Black

More ZHS Series pin-loaded machines are under development.

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ZHS SERIES



Multistation

The Multistations from our ZHS Series is a customizable solution for any training facility of any size and layout.

The pulleys are made of solid metal and premium quality components, ensuring long service life and a smooth friction-free training experience.

All our multistations are equipped with a 120kg weight stack.



ZHS9016 Adjustable Pulley

ZHS9016 Adjustable Pulley The pulleys are made of solid metal, and premium-quality components, ensuring long service life and a smooth, friction-free training experience.

Dimensions	W 1122 L 900 H 2267
Unit weight	260 kg 573 lb
Stack weight	120 kg 265 lb
Frame Color	Black



ZHS9017 4-Stack Multistation

ZHS9017 4-stack Multistation A space-efficient 4-station unit featuring lat pulldown, seated row, and two adjustable pulleys.

Dimensions	W 1958 L 3166 H 2267
Unit weight	450 kg 992 lb
Stack weight	120 kg 265 lb x4
Frame Color	Black



Cable Crossover ZHS9016+9016+9017OPTL

Cable Crossover (ZHS9016+9016+9017OPTL) featuring two adjustable pulleys, connected with Multi-grip bar.

Dimensions	W 900 L 4078 H 2282
Unit weight	570 kg 1257 lb
Stack weight	120 kg 265 lb x2
Frame Color	Black



5-stack Multistation ZHS9016+9017+9017OPTL

5-stack Multistation (ZHS9016+9017+9017OPTL) featuring adjustable pulley and 4-stack Multistation connected with Multi-grip Bar.

Dimensions	W 3166 L 4914 H 2282
Unit weight	760 kg 1676 lb
Stack weight	120 kg 265 lb x5
Frame Color	Black



8-stack Multistation ZHS9017+9017+9017OPTL

8-stack Multistation (ZHS9016+9017+9017OPTL) featuring two 4-stack Multistation connected with Multi-grip Bar. Direction of the separate stations can be mounted reversed.

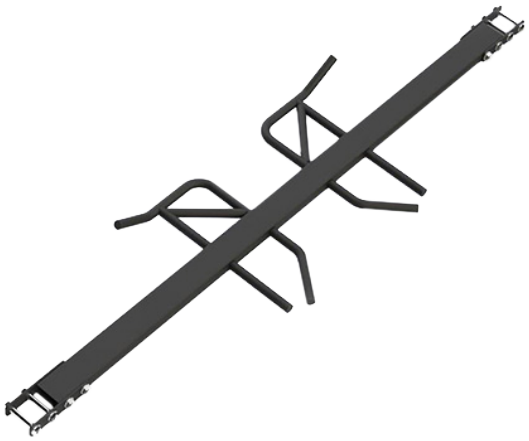
Dimensions	W 3166 L 5750 H 2282
Unit weight	950 kg 2094 lb
Stack weight	120 kg 265 lb x8
Frame Color	Black



ZHS9017 OPTS Squat Cage

ZHS9017 OPTS Squat Cage can be paired with Adjustable Pulleys and 4/5/8-stack Multistations.

Dimensions	W 650 L 900 H 1200
Unit weight	65 kg 143 lb
Frame Color	Black



ZHS9017 OPTL Optional Connection

ZHS9017 OPTL Optional Connection Multi-grip bar to connect cable crossover units,
Offers narrow or wide positioning with pronated, supinated, or neutral grip options.

Dimensions	W 500 L 1834 H 200
Unit weight	50 kg 110 lb



ZHS9018 Dual Adjustable Pulley

ZHS9018 Dual Adjustable Pulley is the ultimate multi-station machine. Premium bearings, pulleys, and cables ensure long service life and a smooth, friction-free training experience.

Dimensions	W 1101 L 1675 H 2241
Unit weight	446 kg 983 lb
Stack weight	120 kg 265 lb x2

IRON SERIES



Benches and Racks

The Iron Series benches are built to withstand heavy use in a professional gym environment. All benches are equipped with wheels for easy transportation withing the training facility.

The professional heavy duty racks are built to withstand maximum loads, and are easy to use for both professional and novice athletes.



IS6001 Flat Bench

IS6001 Flat Bench is a solid and stable, yet lightweight flat bench. Equipped with wheels and a handle for easy transport within the training facility.

Dimensions	W 590 L 1252 H 430
Unit weight	24 kg 53 lb
Frame Color	Black



IS6002 Decline Bench

IS6002 Decline Bench for abdominal training and decline dumbbell exercises. Easy adjustment of the working angle. Equipped with wheels for easy transport within the training facility.

Dimensions	W 725 L 1738 H 899
Unit weight	46 kg 101 lb
Frame Color	Black



IS6003 Incline Bench

IS6003 Incline Bench is a versatile bench that allows you to perform both incline flyes and seal rows. Multiple adjustment options ensure individualized positioning and optimal setup. Equipped with wheels for easy transport within the training facility.

Dimensions	W 800 L 1248 H 954
Unit weight	43 kg 95 lb
Frame Color	Black



IS6004 Multi Adjustable Bench

IS6004 Multi Adjustable Bench from flat to incline. Easy adjustment of the back pad angle. Equipped with wheels for easy transport within the training facility.

Dimensions	W 600 L 1470 H 450
Unit weight	51 kg 112 lb
Frame Color	Black



IS6010 Flat Bench Press

IS6010 Flat Bench Press A solid and stable bench press built for heavy commercial use.
It features Olympic-style pad dimensions, strong construction, and premium design suitable for professional gym environments.

Dimensions	W 1800 L 1758 H 1390
Unit weight	105 kg 231 lb
Frame Color	Black/Red or Black



IS6011 Decline Bench Press

IS6011 Decline Bench Press A solid and stable decline bench press built for heavy commercial use. It features Olympic-style pad dimensions, strong construction, and premium design suitable for professional gym environments.

Dimensions	W 1800 L 2040 H 1377
Unit weight	115 kg 253 lb
Frame Color	Black/Red or Black



IS6012 Incline Bench Press

IS6012 Incline Bench Press A solid and stable incline bench press built for heavy commercial use. It features Olympic-style pad dimensions, strong construction, and premium design suitable for professional gym environments.

Dimensions	W 1800 L 1827 H 1587
Unit weight	114 kg 251 lb
Frame Color	Black/Red or Black



IS6013 Combo Rack

IS6013 Combo Rack Competition bench press and squat rack built to international specifications. Designed for professional use and identical to the equipment used in official competitions.

Dimensions	W 1610 L 2050 H 1700
Unit weight	154 kg 340 lb
Frame Color	Black



IS6014 Spotter Platform

IS6014 Spotter Platform
compatible with IS6010, IS6011 and IS6012.

Dimensions	W 730 L 511 H 296
Unit weight	30 kg 66 lb
Frame Color	Black



IS6020 Half Rack

IS6020 Half Rack A heavy-duty rack built to handle the highest loads. The J-hooks are easy to adjust and provide precise positioning. Includes six storage pegs for Olympic weight plates.

Dimensions	W 1275 L 1920 H 2256
Unit weight	180 kg 397 lb
Frame Color	Black/Red or Black



IS6021 Smith with Half Rack

IS6021 Smith with Half Rack Heavy-duty squat rack combined with a Smith machine, built to withstand maximum loads. Easily adjustable J-hooks ensure precise positioning. The Smith system features counterbalanced bar support and adjustable safety stops. Includes six storage pegs for Olympic weight plates.

Dimensions	W 1621 L 2079 H 2280
Unit weight	320 kg 705 lb
Frame Color	Black/Red or Black

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